



NW Region Residential Rehabilitation Service

acknowledging Aboriginal and Torres Strait ancestors, elders and traditional owners of country in the NW SA region

NEWLETTER

Welcome to our newsletter!

The aim of our newsletter is to keep people who are interested in our AOD residential rehabilitation service - informed and connected. We will also keep you updated on what is happening in the region, as well as provide the latest info on alcohol and drugs and programs. To ensure everyone is kept informed please distribute this newsletter through your networks.

If you have anything that you would like to share with others in the region, want to subscribe or have any suggestions on how we can improve our services, contact the Program Coordinator P: 0406664286 E: sue-anne@adac.org.au.

For those of you who aren't familiar with the history of the rehabilitation service visit www.adac.org.au for more information.

NEWS UPDATE

Meet the Rehab Team!

Pls welcome our new rehab manager, Kym Thomas and the management team, Maria Anderson and Tracey Spencer!

Kym Thomas is a local Nukuna man from Port Augusta who brings a wealth of experience and expertise as the new Manager. E: kym@adac.org.au

Maria Anderson is a Wongutha woman from Western Australia who has been living in Port Augusta for over 12 years. As the Outreach Support Supervisor, Maria will work with regional services to provide support to families and individuals who want to address their alcohol or drug misuse.

E: maria@adac.org.au

Tracey Spencer lives in Port Augusta and has worked closely with communities in the Arrernte (Alice Springs) and Adnyamathanha (Flinders Ranges). Tracey is the Alcohol and Drugs Clinical Supervisor responsible for the rehab treatment program. E: tracey@adac.org.au

All three have an excellent understanding of the needs of Aboriginal and Torres Strait Islander communities in the region and are currently working on the best model and programs for the rehab at this important stage of development.

The team recently visited Ellis Close – the proposed site for the rehab. Unfortunately there continues to be some delay in government transferring the site and assets. We are still progressing and remain hopeful we can open before Christmas. Even in its current state, the rehab has “*a good feeling/vibe about it*” and we look forward to opening day.

Already we have had enquiries from people who are waiting to access the rehab!

In the meantime, our temporary office is at the Business Centre, 2A Stirling Road, Port Augusta. If you would like us to visit your organization to talk about the rehab and how it will work P: 0400 724 859 or drop in and see us!

Port Augusta Day Centre - Engaging community

Staff from the Port Augusta Day Centre are running a weekly breakfast BBQ at Davenport Community on Wednesday mornings, with great success. Together with the Rehab team and the Mobile Assistance Patrol (MAP), Day Centre staff have been involved in discussions with community members around health, what's happening in the community, alcohol & drugs, enquiries about the rehab, and what programs /activities men and women are interested in. It's a good way for the community to get to know who they can talk to about alcohol or drug problems.

EVENTS

The Naming Competition for the North West Region Residential Rehabilitation service has now closed and a winner will be announced soon, so watch this space...

FUNDING

Don't forget the funding round for the Indigenous Advancement Strategy closes 17th Oct. You may not be aware, but this also includes funding for NAIDOC and community reconciliation

activities.

TRAINING & DEVELOPMENT

13 - 16th October 2014 Sydney - The Australasian Therapeutic Communities Association (ATCA) is currently hosting an international conference bringing together professionals working in therapeutic communities, researchers and clinicians in the Alcohol and Drug (AOD) field and affiliated areas.

Therapeutic Communities (TCs) have a holistic approach to changing behaviour and attitudes and is the preferred model for the NW Region Residential Rehabilitation service. Our Rehab team is gaining valuable expertise from other services and recently visited some of the AOD residential rehabilitation services in Sydney.

9-12 Nov 2014 Adelaide - The Australasian Professional Society on Alcohol and other Drugs Conference is an important avenue to promote the use of best practice approaches in the prevention, early intervention and treatment of alcohol and other drug problems. For more information visit [the APSAD conference website](#).

11 – 14 November 2014 - The Children's Court of Victoria in partnership with The Berry Street Childhood Institute are launching the **Family Drug Treatment Court Conference** in Melbourne. Contact events@childhoodinstitute.org.au or (03) 9421 9362

DID YOU KNOW?

Since 2010, the Ted Noffs Foundation has been using Facebook as a therapeutic tool to connect young people and their families who require assistance or support. It means young people can access support worldwide, it's free for the consumer and has shown to be less threatening for a young person to ask for support online compared to contacting a service.